

# Youth Shelter News

A NEWSLETTER OF THE CLARK COUNTY YOUTH SHELTER & FAMILY SERVICES, Inc.

"Serving youth and families in a safe and caring environment"

## Fall/Winter 2015

**2014 Year  
in Review**

Our Safe Place Program was named 2014 Model Program... out of all programs in the US!!



St. Paul's Episcopal Church held a fundraiser for CCYS! The Jeff High Smokey Joe's Café performed songs from their hit show!



Santa and Mrs. Claus delivered stockings!

A former resident, Tony Boren came back to speak to the residents! Great to have them giving back to our youth!

# Youth Issue:

## Effects of Domestic Violence on Children

By: Mary Ann Moyer



Studies suggest that each year up to 10 million children witness some form of domestic violence. One in ten domestic violence calls to the police are placed by a child. A child may witness the family pet also being abused. Toys are damaged or lost. School is disrupted by multiple moves to escape the abuser.

Children react to the stress of a violent home in different ways depending upon the child's gender, age, temperament, and the types of supports the child may or may not have. The trauma of witnessing family violence effects a child's development and can continue into adulthood. Children are more at risk of abuse, and child neglect may result because the parents are too focused on themselves. Other potential effects include the following:

### Emotional:

- Grief and loss issues
- Shame, guilt and self-blame
- Agitation/anxiety and the feeling that they need to be perfect
- Depression and feelings of helplessness
- Anger and hostility
- Confusion or ambivalence about parents
- Fear of abandonment or separation from the abused parent
- Embarrassment/shyness
- Helplessness
- Damaged self-esteem
- Phobias

### Social:

- Isolation and not having friends over
- Stall coming home from school – may prefer to live on the streets
- Excessive extra-curricular activities to avoid home
- Dating violence
- Early marriage
- Inappropriate sexual behavior/unplanned pregnancies
- Violence is first choice to resolve conflict with others
- Not going to school to protect abused parent

### Behavioral:

- Passive withdrawing
- Lying to avoid confrontation
- Destructive behaviors toward others, objects, or pets
- Older children may start to abuse the abused parent
- Regressive behaviors such as bed-wetting, thumb-sucking, rocking, not speaking, or demanding to be carried
- Developing an interest in protection and guns or other weapons
- Becoming over-protective of abused parent
- Being overly eager to please – vulnerable to exploitation by others

### Physical:

- Somatic complaints, headaches, stomach aches, hives
- Accidents due to being tired, inattentive
- Increased high-risk play resulting in injuries
- Sleep disturbances – too much or too little
- Poor hygiene
- Eating disorders
- Self-harm behaviors

# Celebrity Waiter Dinner Wrap-Up

Just before the Holiday Season, we hosted the 11<sup>th</sup> Annual Holiday Celebrity Waiter Dinner at the Jeffersonville Knights of Columbus. The event kicked off on December 8 at 6pm with a silent auction and was followed by dinner and a live auction.

Assistant Director, Ashley Nelson stated, "We are so fortunate to have a dedicated group of supporters from the community. From the volunteers to donors to our celebrity waiters, we could not have done it without them. I'm so excited to announce we raised over \$18,000 for the Shelter through this event."

The celebrity waiters and table sponsors from this year's event included: Lyda Abell, Badger & Spiller Orthodontics, Tony Balmer, Bob Bottorff, Judge Vicki Carmichael, Clark County Sheriff's Office, Kathie Danner, Lincoln Crum, Travis Haire, Dorothy Hickerson, Dennis Julius, Kirchner Dental, Susan Miller, Connie Minich, New Washington State Bank's Mike Shaughnessy, MC Concrete Construction, Inc., Mayor Mike Moore, Ken Pierce, Chris Ralston, Amy Schneidau, Shoe Sensation, and Jeff Sierota from UPS. Waiters at this year's event embraced their table themes and came together for a great time!



*Above: Board Member, Chris Ralston  
Below: Our Caterers, All About Taste*

**Special thanks to all of our auction item donors, waiters, and the Jeffersonville Knights of Columbus for allowing us to hold our event there!**



## Familiar Face... New Position!

Beginning in December, CCYS welcomed a new member to their management team! Amy Catt was promoted to Youth Work Supervisor and began her new post on December 1.

Amy came to the Shelter as a PRN Youth Worker in January of 2013. Almost a year later, she was promoted to a full-time Youth Worker. When the opportunity came, Amy quickly applied for and became the new Youth Work Supervisor.

Mary Ann Moyer, Residential Director/ Counselor stated, "We are so excited to have Amy on board. She brings awesome ideas to the table. In the short time she has been in her position, she has done great things... the future will be great!"

Not only has Amy moved into a position at the Shelter, her peers voted her Employee of the Year for her positive attitude and hard work ethic.



## Indiana American Water Donation

We love our local community! Thanks to the folks at Indiana American Water for their generous \$500 donation to the Shelter. Their team voted on us to receive the donation!!!



*Ashley Nelson, Kate Robinson, Laura Fleming-Balmer, and William Reedy*



**Clark County Youth Shelter & Family Services, Inc.**

PO Box 886

Jeffersonville, Indiana 47131



## Our Wish List...

Chapstick  
Travel Size Deodorant  
Travel Size Toothpaste  
Dishwasher Detergent Tablets  
Laundry Detergent Tablets  
Dryer Sheets

Paper Towels  
Toilet Paper  
Multi-Purpose Cleaner  
Garbage Bags  
Combs  
Brushes

## Contact Us



**Laura Fleming-Balmer,**  
*Executive Director*  
[ccadmin@ccysfs.org](mailto:ccadmin@ccysfs.org)

**Ashley Nelson,**  
*Assistant Director*  
[ccys@ccysfs.org](mailto:ccys@ccysfs.org)

**Mary Ann Moyer**  
*Residential Director/Counselor*  
[ccysfs@ccysfs.org](mailto:ccysfs@ccysfs.org)

**Amy Catt**  
*Youth Work Supervisor*  
[youth@ccysfs.org](mailto:youth@ccysfs.org)